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About Dr. Esselstyn. Biography | Curriculum Vitae | Publications. Caldwell B. Esselstyn, Jr., received his B.A. from Yale University and his M.D. from Western Reserve

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About the Author: Caldwell B. Esselstyn, JR., M.D., was a researcher and clinician at the Cleveland Clinic for more

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Caldwell B. Esselstyn, JR., M.D., was a researcher and clinician at the Cleveland Clinic for more than thirty-five years. In 1991, he served as the president of the

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